



IVF with donor eggs



Vitanova

FERTILITY CLINIC | COPENHAGEN

Part of CREATE Fertility™

IVF with donor eggs guide

Call +45 33 33 71 01

www.vitanova.dk/en



IVF using donor eggs at Vitanova



This booklet is intended as a helpful guide through IVF with donor eggs treatment at Vitanova, what to expect at each stage and your options when it comes to choosing an egg donor. We know this can be an emotional time for you and we want to make the process as simple as possible. Egg donation has excellent success rates, and we welcome all women and couples, whatever your relationship status or previous diagnosis. If you decide that egg donation is right for you, rest assured that our specialist egg donation team will be there every step of the way with you.

Geeta Nargund
Medical Director

An introduction to IVF with donor eggs

IVF with donor eggs is a fertility treatment that helps women who cannot get pregnant with their own eggs. For some women, this may be due to a premature menopause, or because they cannot produce eggs after illness or surgery. It is also recommended for women who have hereditary diseases that they fear can be passed on to their baby.

We use eggs that have been donated by young women and that have been carefully screened for diseases. We fertilize the eggs with the partner's or a donor's sperm. The fertilized eggs are then transferred to your uterus. You can choose between anonymous or open egg donation.

All our treatments begin with a conversation either at the clinic or virtually. You can be scanned and have blood samples taken from us. If you live outside Denmark, you can have blood tests and scans done at your own gynaecologist. This saves your travel expenses.

What are the advantages of egg donation?



Success: The success rates for egg donation tend to be very good. We use only young, healthy women as donors, who are likely to have very high quality eggs.



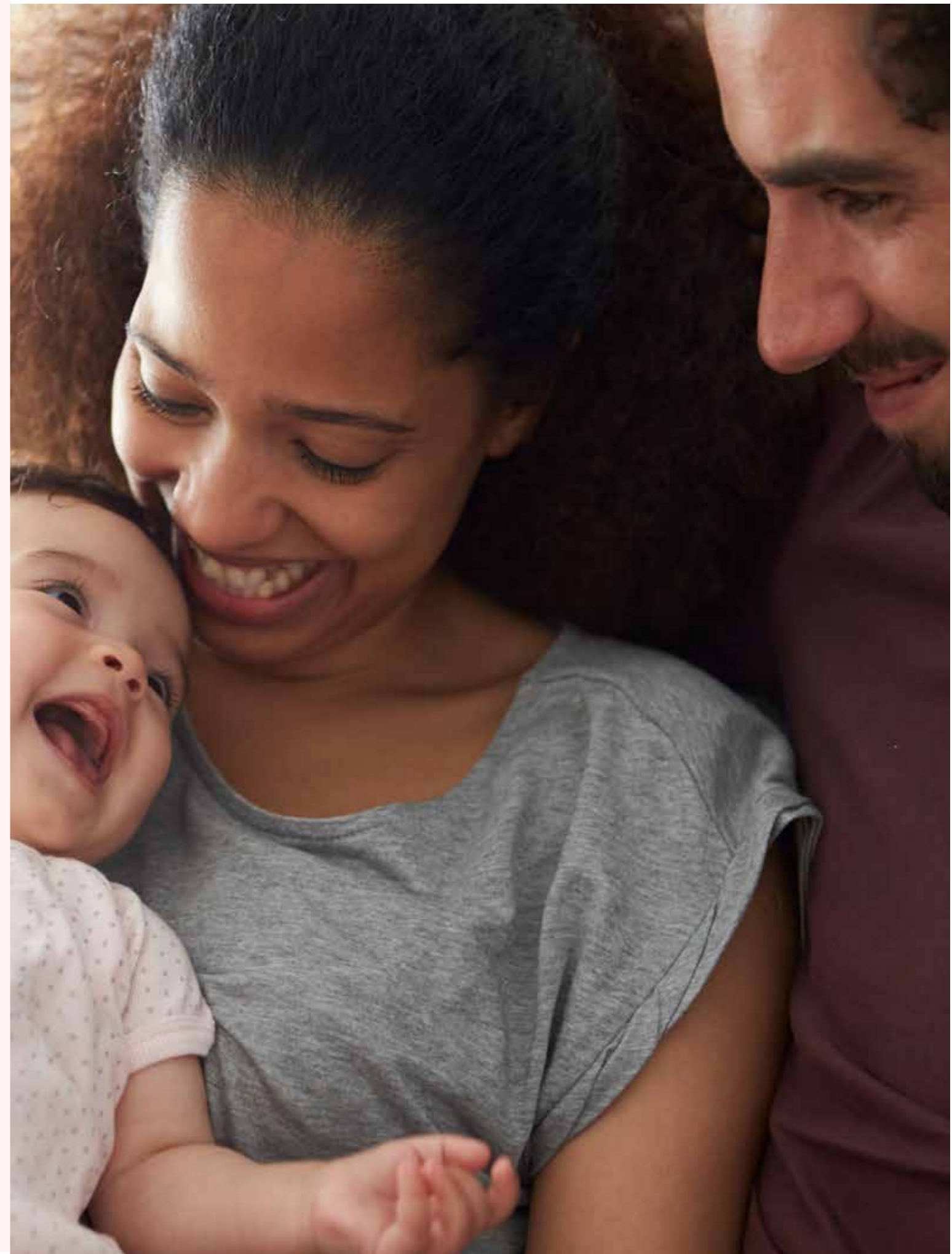
Safety: Our treatment protocols are designed to minimise the use of drugs and reduce the risk of side effects for both you and your donor.



Health screening: All egg donors complete a genetic and medical questionnaire.

Excess embryos can be frozen for future use:

Any embryos of suitable quality that are not used in treatment can be frozen and stored for future use.



Patient journey



Virtual consultation

Your first step to starting treatment is to have a consultation with one of our multilingual medical team via video/ phone. They will discuss any results of tests and scans previously undertaken then they will develop a treatment plan offering the best chance of success.



Choose a donor

You will be matched with your egg donor at this stage. You can choose between anonymous, open or known donation. Anonymous donation means that you do not know anything about the donor. Open donation means the donor will be anonymous at the point of donation, however if a child is produced from the egg they can get in contact with them at the age of 18. Known donation is when someone you know will donate their eggs for you, please phone the clinic if you have a known donor and we will then arrange the initial consultation with them. If you are deciding to have double donation, you will pick your sperm donor at this point as well.



Donor Sperm

If you are having treatment with a male partner, you can either transfer your partner's frozen sperm sample to our clinic in advance of treatment. Choosing to transfer frozen sperm will reduce the number of clinic visits and we can help arrange this process for you. Alternatively the male partner can provide a sample in person at our Copenhagen clinic. If you are using donor sperm, we will need to arrange for the sperm to be at the clinic ahead of your treatment.



Partner Sperm

If you are having treatment with a male partner, you can either transfer your partner's frozen sperm sample to our clinic in advance of treatment. Choosing to transfer frozen sperm will reduce the number of clinic visits and we can help arrange this process for you. Alternatively the male partner can provide a sample in person at our Copenhagen clinic.



Pregnancy test

You can perform a urine pregnancy at home 14 days after transfer. If it is positive then you need to visit your doctor for a confirmation test. We recommend a pregnancy scan three weeks after a positive test (the eighth week of pregnancy), with your local clinic, and we ask you to let us know the results.



Egg donor cycle

Your egg donor will undertake their cycle and we will collect the eggs when they are ready. We will keep you updated on how the cycle is progressing so you can organise your travel arrangements.

Egg donor options

Once you have had your initial consultation with a fertility specialist and a personalised treatment plan has been devised for you, you will have a treatment consultation with a nurse.

Many women have preferences around their donor's height, hair colour or eye colour, and we will do all we can to help you find the match of your choice, although there can be waiting lists depending on your criteria. Egg donors must be between 18 and 35 years old. Every woman who donates is screened to check they are physically and mentally fit, and that there is no history of hereditary disease in her family. She will also be screened for HIV, Hepatitis (B and C) and Syphilis.

The same legislation and donor requirements apply to blood samples, donor evaluation and medical examinations for all types of donation except partner donation.



Anonymous donor (non-contact)

In Denmark, egg donation can be totally anonymous, which means that you and the donor do not know each other and cannot get any identifiable information now or later. The donor will stay anonymous to you and any child born from the donation.



Open donor (contact)

In open donation, the donor is anonymous at the time of the donation but she gives her consent for any child born from the donation to contact Vitanova when the child turns 18 years of age. The young person will then receive more information about the donor, including her identity. You, as the recipient couple, cannot get any further information about the donor and the donor cannot get any information about you or your child.



Partner donation

We use the term 'partner donation' when a lesbian donates eggs to her partner, or when a man donates sperm to his female partner for insemination or IVF treatment. Lesbian couples can donate eggs to each other if there are medical grounds on which either of the women could receive an egg donation.



Double donation

This means that both the egg and sperm are donated for your treatment. This method can be offered to couples whose own eggs or sperm cannot be used in the treatment on medical grounds. Unlike egg donation, with double donation at least one of the donors must be 'open-identity'.



Known donation

Known donation is when your donor is a friend or a family member. Donors will still undergo all the same tests and screening, and a doctor's consultation is required for final evaluation.



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